Lord, watch over our families as we end another term. Keep them safe from harm and give them patience to enjoy the special time they have together. Amen

We hope that every family enjoys the holiday break that is coming up in a week’s time. We look forward to every family staying safe and returning for the new term.

School finishes at 1.00pm this Friday for the holidays. Please make arrangements for your children to be collected at this time.

School will resume for the new term on Monday July 15th.

Parent / Teacher Interviews

Our parent teacher interviews are on this Thursday afternoon and evening.

Please take note of the time sent home and do your best to be on time so that the teachers can keep to the tight schedule for the day.

Please keep in mind that school finishes at 1.00pm on this Thursday to allow all teachers to be available for the interviews. Please let Rob know if this causes you difficulties.
Learning & Teaching at St. Theresa’s

Education is all about balance and we are constantly looking for the best ways to help your children learn whilst giving them a taste of as many aspects of life as we can. Over the past 3 weeks the senior children have included Yoga in their weekly program of learning to help them relax and be ready for all their day brings. We thought we might just share a few of the thoughts of the children this week in our learning and teaching section of the newsletter to let you know what the children thought of the program.

As part of this terms unit of work on Health and Fitness the grade 5 & 6 children had the opportunity to participate in a one hour session over a 3 week period. Bill Walsh, a professional Yoga teacher took the children through a range of exercises designed to teach them how to breathe effectively to relax and a number of challenging poses to develop their balance. We were very proud of the way the children responded, they embraced every aspect. Their comments reflect their enthusiasm and enjoyment.

“I think it’s really relaxing and fun.” Chris

“It made me feel happy and fresh. It helped me understand about respect.” Harshil

“I think yoga has changed my personality a lot. It makes me so much calmer and it makes me very relaxed. I think Bill is a wonderful man.” Jackson

“I thought yoga was a great thing to do over the last three weeks because anyone can do it. I love doing things like that.” Hollie

“I thought that doing yoga was amazing. I found it a great way to calm yourself after something had happened. Although some of the movements are hard to do.” Son

“I thought Bill was very nice to come down to our school and teach us yoga. I also thought it was really helpful because it helped to make me calm and in good spirits. I know a lot about yoga now and it was really helpful.” Nathaniel

“I loved the yoga because it kept me in a good mood, even after a bad day. I feel good because it is very peaceful and Bill was very nice.” Erin

“I felt so relaxed and calm. The activities were fun and challenging. I wish I could have one more session just doing all the activities.” Tanya

“I thought Bill was very good. I liked when he banged the bell and when I was doing the crane pose. I was able to stand on my head most of the time. It was funny when Mayor and I were doing the tree.” Riley

“I liked the bell a lot because it refreshed me and I loved the strategies he used. Bill was a very nice person and I would love him to come back again.” Olivia

“I thought the yoga was FANTASTIC! It did get a bit tiring when you had to put/keep your hands in the air.” Mia

“Yoga made me feel calm. I could have fun sensibly without mucking around. It made me realise that if you try you can do remarkable things. At first I thought it was going to be bad but it was a lot better with motivation from Bill, friends and myself.” Kahlan

“I absolutely love yoga! It was so fun, although it was hard. I really loved the bell, it sounded so calm, peaceful and relaxing.” Tina

“I really enjoyed yoga because it was a little bit tricky but it was really, really fun.” Kinga

“The things I learnt in the sessions were to do the downward dog and how to put your legs on other people’s back. Yoga was awesome.” Hermella

“I thought that yoga with Bill was really relaxing and lots of fun. I learnt lots of things, like ways to make you sleep better.” Sandra

“I think it was really fun but when we did the rolling it really hurt but other than that it was really calming and relaxing. I also loved the bell because it was really peaceful. I really like yoga and would like to do some more.” Nicholas

“I really enjoyed yoga because it was a little bit tricky but it was really, really fun.” Kinga

“I think that doing yoga was amazing. I found it a great way to calm yourself after something had happened. Although some of the movements are hard to do.” Son
Please consider giving just a little of your time if you can to help out with our landscaping project over the holiday weekends. So far we do not have many volunteers. We especially need some helpers in the middle weekend of the holidays when we are installing garden areas.

The working bees are:
- Saturday June 29th. (Next Saturday)
- Saturday and Sunday, July 6th and 7th.
- Saturday / Sunday July 13th & 14th (Only if required)

If you are able to give even a few hours, please return the slip if you haven’t already.

### PLAYGROUND WORKING BEE

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I can help out for part or all of day 1. (Saturday June 29th only)

I can help for part or all of day 2 & 3. (Sat, July 6th or 7th)

I can help for part or all of weekend 3 (Saturday July 13th; only If required)

I can provide the following equipment ____________________________________________

* For more information ring Toby Wright on 0422 260 282 or Marie on 9311 9070

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**Parent information session on reading the school reports.**

Please note that we are not running the afternoon session tomorrow night as there were not any interested parents. We are still running a session from 9.00am on Tuesday morning in the meeting room off the Multipurpose room for any interested parents.

At this session we will simply help you make sense of what the school reports are actually saying. All are welcome.

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**SMS text messages from school**

Last week we were to trial a new text service to families to help us stay in touch with you regarding important things that are coming up. Unfortunately the system did not work and we are trying again this week…..

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Many thanks for your help.

Over the past few week we have asked families to help us out with the Catholic Identity Surveys. We realize that these were quite time consuming and a little difficult to work through.

We really appreciate the support that you gave us as we need to complete these as a requirement of our school review next year. Your contribution will give us very valuable data as we plot the path forward in our continued road to improve the service and education we offer at St. Theresa’s.

Again I thank every family who once again supported us.

Rob
Interschool Sport

Congratulations to our Mixed Netball team which has made the zone final. It looks like their final might be held at our school this Friday morning. We will let you know once this is confirmed. All are welcome to come along and support the team.

Social Justice in Action

Grade 2/3 have worked really hard over the last term to collect blankets to support St. Vinnies in looking after those who need our care during the cold winter months. We congratulate the children and families who have collected so many blankets to help others. The grade 2/3 children were well supported by other grades who also felt this was important. We took our donations down to St. Vinnies in Sunshine last week. It is so important that our children are involved in active social justice pursuits and wanting to help others.

Student of the week from Assembly

**Prep / 1 Alison** Valentino Huynh for his fantastic drawings. They are so life – like.
Juliette Pereira for her terrific improvement in her writing. It looks beautiful!

**Prep / 1 Kathryn** Joel Brekalo for doing a fantastic job with his reading.
Christian Catania for having a fabulous knowledge of numbers.

**Prep / 1 Larissa / Jen** Shalina Nguyen for her great attitude to school and her improvement in reading and writing.
Olivia Spiteri for improving her story writing and using editing skills.

**2/3 Doriana** John Nguyen for working consistently in all areas and being a great helper.
Archna Sharma for being able to explain her mathematics ideas so well.

**2/3 Mary / Sharon** Sophia Andreula for always being a responsible member of class.
Nadia Muhammed for her consistent efforts in all areas of the curriculum.
Ava Balshaw for making a genuine effort to improve her maths skills.

**4 Aaron** Matthew Javelona for his terrific PowerPoint report on his favourite game.
Jordan Reader for her clever report on her friends.

**5/6 Erin** Peter Nguyen for his amazing performance during his delicious cooking demonstration.
Alexis Bleszcz for her fantastic participation in the leadership conference.
Danyal Muhammed for his excellent behavior and leadership skills.

**5/6 Tenielle-Marie** Mayor Adut for beautifully presented reading journals about Harry Potter.
Tanya Do for putting in 100% effort in her picture story book.

**Venetia from the Office** Angelina Perez for magnificent manners when delivering the red tub to the office.