St. Theresa's Primary School, Albion
Sunsmart Policy

Rationale :

SunSmart recognises the need to educate our school community about the damage and harm that the sun's UV rays can cause. SunSmart acknowledges the need to provide suitable protection and enables the children to develop protective behaviours.

Beliefs :

At St. Theresa's we believe that

- Our school community should adopt good health practices
- Every child has the right to be protected from harmful U.V. rays.
- The school should provide suitable facilities to protect the school community from the sun.
- School and home should work in partnership to encourage and develop SunSmart practices.

Aims :

- To educate the school community about the dangers of the sun.
- To provide strategies for protection from the sun
- To provide adequate facilities for sun protection

Implementation :

- Compulsory wide brimmed hats (brims must be at least 7.5cm) as part of the school uniform. The hat must be royal blue with the school emblem on the front of it.
- SPF30+ water resistant sunscreen is to be put on child's booklist as part of the school requirements for the year.
- Parents will be encouraged to apply sunscreen to children every day before school.
- Students will be encouraged to apply the sunscreen prior to the lunchbreak.
- A Prep to Grade 6 SunSmart Education Program will be provided by the school, incorporating programmes on skin cancer prevention.
- Provision of shade areas is a priority.
- The SunSmart Policy is to be publicised within the community. A copy of the Policy to go home to parents.
- Parental agreement and signature is needed to allow children to wear sunscreen (Enrolment Form).
- St Theresa's to be registered as a SunSmart School.
- Hat Policy to be enforced, ie. No hat, no play for terms 1,2,3&4. Child to sit in a designated shaded area. Teachers on yard duty must wear a hat as well.
- Interschool Sport – Sunscreen must be worn and hats where suitable.

- Staff will be requested and parents encouraged to act as role models by practicing Sunsmart behaviours.
- Hot Day Programme : On hot days children must sit in the shade. On extreme temperature days or days where there is a high UV level, the children are to be kept indoors and Physical Education lessons will be transferred to the morning. (Subject to staff discretion).
- Camps and Excursions : In the event of extreme temperature days or days of high UV levels, it will be left to the teacher's discretion to decide on a course of action. The Sunsmart policy will always be reflected in the planning of all outdoor events.

Evaluation ;

- The SunSmart Policy is to be evaluated by the School Board and the Staff of St Theresa's every 2 years.
- The SunSmart behaviour of students, staff, parents and visitors will be reviewed and recommendations made for any necessary improvements.
- The provision and usage of shade will be assessed and recommendations made for any necessary changes.
- Curriculum material relevant to Sunsmart activities will be reviewed and updated where necessary.