

**DO SMALL
THINGS WELL**



St Theresa's Primary School

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St. Theresa's School
is owned and
operated by St.
Theresa's Parish
Albion

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'19

EDITION

...newsletter

Dear Parents and Friends,

Sacrament of Penance (Reconciliation)

Next Wednesday 26 of our Grade Three children will receive the Sacrament of Reconciliation for the first time. We ask that you keep the children and their families in your prayers as they complete their preparations. We thank Doriana Cooper, Erin Panagiotou, Carla Pullen and Frank Stosic for their work in helping to prepare the children.

National Day of Action Against Bullying - Tomorrow

Bullying is NEVER OK! The National Day of Action Against Bullying and Violence is Australia's key anti-bullying event for schools and encourages all students to 'take a stand together' against bullying. This year St Theresa's has once again joined the campaign. Tomorrow every class will be devoting part of their day to teaching and talking about "Bullying No Way!" This will act as a perfect addition to the explicit Anti Bullying lessons we teach throughout the year. So, we are asking our community to join with us to all take a stand together. There is some important information on the back of this newsletter which might help if your child ever wants to talk to you about bullying.

Easter Raffle

The next fundraising effort for the term is the Easter Raffle and on Monday 18th March, we are having a Casual Clothes Day in return for an Easter Raffle donation. The students are allowed to wear whatever they like as long as they bring something for our Easter Raffle. Hopefully we'll get lots of donations so there will be lots of prizes!

ASSEMBLY TOMORROW 2.30 P.M Hosted by Gr 1 /2 K

SCHOOL CLOSURE DAY

There will be a Professional Development Day for staff on Thursday the 21st of March. There will be no school for children on this day. OSHclub will be available.

2020 ENROLMENTS

We are now accepting Applications for Enrolments for 2020. Enrolment packs are available from reception. The Application period will close on Friday the 28th of June.



STEM – Science, Technology, Engineering, Maths

As part of their STEM focus for Term 1 our Grade 5/6 class were invited to attend the Australian Formula One Grand Prix today. The Grand Prix Corporation invited schools to the Grand Prix to explain and show the children how STEM is pivotal to F1

racing. The children attended a number of workshops and were shown the science, technology, engineering and maths that goes on behind the scenes to get the F1 cars on the track.



Have a great weekend.

*Yours sincerely,
Robert Macklin*

PARISH MASS TIMES

Monday:	
Tuesday:	
Wednesday:	9.00 am Queen of Heaven 10.30am Mother of God. (Polish)
Thursday:	9.00am Mother of God.
Friday:	9.00am Albion 6.00pm (Polish, Mother of God)
Saturday:	6.00pm (Vigil) Mother of God.
Sunday:	10.30am Albion 9.00am Mother of God, (Polish). 9.00am Queen of Heaven.

FOR YOUR DIARY...

School Closures in Red - We will Inform you of any other closure dates ASAP	
DATE	EVENT
Friday 15 th March	Assembly at 2.30
Friday 15 th March	National Anti- Bullying Day
Monday 18 th March	P/1/2 Parent Helper Information Session - 9 am
Monday 18 th March	Casual Clothes Day for Easter Raffle
Wed 20 st March	Reconciliation for Yr 3 at 6pm
Thursday 21st March	School Closed - Staff PD
Tuesday 26 th March	Prep Parents' Community Conversation
Friday 5th April	School finishes at 1pm for term holidays
Thursday 18 th April	Holy Thursday
Friday 19 th April	Good Friday
Sunday 21 st April	Easter Sunday
Monday 22rd April	Easter Monday Holiday
Tuesday 23th April	Term 2 begins
Thursday 25th April	Anzac Day Holiday
Tuesday 30 th April	First Communion Meeting
Thursday 9 th May	School Photos
Friday 10 th May	Mothers' Day Stall
Sunday 12 th May	Mothers' day
Monday 10th June	Queen's Birthday Holiday
Sunday 16 th June	1 st Communion
Wed 26 th June	Parent/teacher Interviews
Friday 28th June	Term 2 ends at 1pm
Monday 15th July	Term 3 begins
Friday 26 th July	Confirmation at 7pm:Yr 6
Friday 20st Sept	Term 3 ends at 1pm
Monday 7th October	Term 4 begins
Monday 4th November	School Closure Day
Tuesday 5th November	Cup Day Holiday
Friday 22nd November	School Closure
Thursday 12 th Dec	Graduation Mass & Dinner: Yr 6
Wednesday 18 th Dec	End of Year Mass at 12pm
Wednesday 18th Dec	Term 4 ends at 1pm



BE SAFE BE HAPPY BE CARING BE READY TO LEARN

How parents can respond

Children and young people need to know that they are being heard, that their feelings matter and that their issue will be investigated respectfully. Bullying should be taken seriously.

Listen calmly and get the full story

Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when.



Your first response when a child tells you of a concern can make a difference to the outcome.

Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.

Reassure your child they are not to blame

Many children blame themselves and this may make them feel even worse.

You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.

Ask your child what they want to do and what they want you to do

A critical part of your response is to avoid jumping in to solve the problem.

While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.

Learn some strategies to talk about with your child

These pages provide tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident.

If your child is being bullied <https://bullyingnoway.gov.au/RespondingToBullying/Parents/Pages/ChildBeingBullied.aspx>

If your child is bullying others

<https://bullyingnoway.gov.au/RespondingToBullying/Parents/Pages/ChildBullyingOthers.aspx>

If your child has seen bullying

<https://bullyingnoway.gov.au/RespondingToBullying/Parents/Pages/ChildSeenBullying.aspx>

Watch the [Quick Tips for Parents](#) videos by Dr Michael Carr-Gregg for more ideas.

<https://www.youtube.com/watch?v=PFKK2awComI&index=5&list=PL64F42ACD4119FF54>

Contact the school

Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help.

Make an appointment to meet with your child's teacher and, if you need to, ask to talk with the principal. Contact the school immediately if you have a concern about your child's safety.

Check in regularly with your child

Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

For more very useful information visit the website : <https://bullyingnoway.gov.au>

If your child talks to you about bullying:

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** www.bullyingnoway.gov.au to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.

