

## Food

We provide healthy, fresh and nutritious food. We acknowledge the importance of starting each day with a healthy breakfast, and that children's tummies are usually their priority after a busy school day!

Menus are adapted as required to cater for children's specific dietary/cultural requirements and preferences. The children's suggestions are included in our menu planning.



## Early years children joining our program

To assist new early years children to settle into the program:

- All Pre-School/Prep/Kindy children are collected and dropped off at their classroom for their first term, and into Term 2 as required.
- Activities are developed that accommodate the needs of younger children.
- Our Team Members will ensure younger children are well catered for, happy and participating during the program.
- Parents will receive verbal feedback on how their child is getting on.

## How to enrol and book

Enrolment is easy – and completely free. We don't charge any annual registration fees. Just complete our enrolment form online at [www.oshclub.com.au](http://www.oshclub.com.au), select your school, enter all required information and you're done. Once enrolled, booking sessions is simple.

An online enrolment form must be completed before your child can attend the program. If your family details change, please ensure you update them through our website so that our records are up to date.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
<ul style="list-style-type: none"> <li>• Wholemeal toast with choice of spreads</li> <li>• Low sugar cereals with milk-Rice Bubbles, Corn Flakes, WeetBix, no-nut muesli, oats</li> <li>• Selection of fruits</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Fruit Smoothies</p>	<ul style="list-style-type: none"> <li>• Wholemeal toast with choice of spreads</li> <li>• Low sugar cereals with milk-Rice Bubbles, Corn Flakes, WeetBix, no-nut muesli, oats</li> <li>• Selection of fruits</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Homemade Blueberry Pancakes</p>	<ul style="list-style-type: none"> <li>• Wholemeal toast with choice of spreads</li> <li>• Low sugar cereals with milk-Rice Bubbles, Corn Flakes, WeetBix, no-nut muesli, oats</li> <li>• Selection of fruits</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Fruit Toast</p>	<ul style="list-style-type: none"> <li>• Wholemeal toast with choice of spreads</li> <li>• Low sugar cereals with milk-Rice Bubbles, Corn Flakes, WeetBix, no-nut muesli, oats</li> <li>• Selection of fruits</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> English Muffins</p>	<ul style="list-style-type: none"> <li>• Wholemeal toast with choice of spreads</li> <li>• Low sugar cereals with milk-Rice Bubbles, Corn Flakes, WeetBix, no-nut muesli, oats</li> <li>• Selection of fruits</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> French Toast</p>
<b>Afternoon Tea</b>	<b>Afternoon Tea</b>	<b>Afternoon Tea</b>	<b>Afternoon Tea</b>	<b>Afternoon Tea</b>
<ul style="list-style-type: none"> <li>• Selection of two fresh fruits and two vegetables</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Wholegrain wraps with avocado</p>	<ul style="list-style-type: none"> <li>• Selection of two fresh fruits and two vegetables</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Wholegrain rice crackers with light cottage cheese</p>	<ul style="list-style-type: none"> <li>• Selection of two fresh fruits and two vegetables</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Spinach roll-ups with cheese, carrot and kale</p>	<ul style="list-style-type: none"> <li>• Selection of two fresh fruits and two vegetables</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Wholemeal toasted sandwiches with sweet potato chips</p>	<ul style="list-style-type: none"> <li>• Selection of two fresh fruits and two vegetables</li> <li>• Water, Milk/Soy Milk</li> </ul> <p><b>TODAY'S SPECIAL</b> Tomato soup with rice crackers</p>

## Our Team

Professional Team Members are the key to any high quality OSHC program.

All Team Members have appropriate qualifications as required by legislation and attend regular OSHClub internal training and development each term.

## Team Members' Qualifications

- Working with Children/Blue Card/Working with Vulnerable People/ Child Related Employment Screening
- First Aid Level 2
- Training in Anaphylaxis & Asthma Management
- CPR
- Food Safety Level 2
- Extensive Outside School Hours Care training by OSHClub

## On your child's first day

Please make sure that you have completed an online enrolment form before your child attends the program. On your arrival, please ensure that you sign your child in or out.

Please notify the coordinator if you are a first time user of the program – they will then show you and your child where things are located, introduce you to the Team and answer any queries you may have. Feel free to drop by beforehand to familiarise yourself and your children with the program and our Team Members.

The Coordinator will ensure your child has arrived at the After School Care program and introduce them to the other children and OSHClub Team. They will be monitored closely to ensure they are relaxed, participating and having fun.

### Permanent bookings

Book set days every week that will carry on throughout the year (can be altered any time as required).

### Casual bookings

Make a booking at any time online based upon your needs, however if same day care is required, you should call our office directly.

### Late bookings

Bookings made within 24 hours of the session incur a late booking fee. Please refer to your program's Key Information Sheet for details.

### Cancellations

Cancellations made within 24 hours of the start of the session will incur the full fee. If you do provide 24 hours' notice by removing your booking online, you will receive a full credit for your out of pocket fee.

## How to pay

Payments are made either by Credit Card (VISA or Mastercard) or by direct debit from a nominated bank account. Parents are charged fortnightly in arrears with usage statements available online. Credit Cards and/or bank accounts are automatically debited with the amount owed after any rebates are applied.

## Fee assistance/rebates

Why pay full price? Enrol for CCB and ensure you receive your entitlements to fee discounts. As well, almost all families registered for CCB receive the 50% CCR. These benefits make our programs incredible value.

### Child Care Benefit (CCB)

All families claiming CCB for approved child care must have their income assessed by the DHS, as CCB is a discount based on family income. Families on the lowest incomes receive the highest rate of assistance.

### 50% Child Care Rebate (CCR)

CCR is not means tested. Most families are eligible for this rebate and will receive a 50% discount on their out of pocket costs. Make sure you nominate the CCR to be paid as an immediate discount which eliminates the need to wait for a refund. Contact Centrelink on 13 61 50 for details on how to register.

