

# St Theresa's



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## Important Information

Next Thursday 23<sup>rd</sup> November there will be a **SCHOOL CLOSURE DAY**. The children do not come to school on this day.



### REVIEW 2017 & PLAN 2018

The staff will spend the day using data and feedback from 2017 to analyze the needs of the school and prioritize for 2018. We will begin to write our Annual Action Plan for 2018.

### OSH CLUB WILL BE AVAILABLE FOR CHILD MINDING ON THIS DAY IF WE HAVE SUFFICIENT NUMBERS

**Date:** Thursday 23<sup>rd</sup> November 2017

**Times:** 7:00 am to 6:15 pm

**Cost:** \$7.90 - \$54.00 per child (depending on your CCB/CCR entitlements)

**How to book:** Please log in online at [www.oshclub.com.au](http://www.oshclub.com.au) and book in under the After School Care bookings tab.

## EVERYBODY'S SWIMMING

Our intensive swimming program began very successfully last week with the students quickly settling into the routine and working well in their groups. Their water confidence and safety skills have greatly improved and all the kids are really looking forward to the fun day tomorrow. Here's what a few of them had to say "I love swimming because we learn to swim safely so that when we go to the beach we can stay safe." Riyaa 2/3K. "I get to learn how to swim properly." Anastasia 2/3P. "I like swimming because the teachers are nice and you miss out on schoolwork!!" Benjamin 2/3P. Reece in 2/3P likes to do torpedoes and starfish floating.

*This week's prayer considers the gifts God has given us.  
Over dinner your family may like to discuss the gifts  
that each member possesses.  
At the end of the meal, you might like to share this  
prayer together.*

God our Father, may we share the gifts you have given us.

Through the grace you bestow on each of us, may we show all we meet the way to your Kingdom. We ask this in the name of our Lord Jesus Christ, who lives and reigns with you, now and forever.  
Amen



There are plenty of reminders this week...



## School Sports Day

We have scheduled our School Sports for Wed 29th November starting at 9.30am and finishing at normal dismissal time. The day will begin with tabloid sports then we will stop for a sausage sizzle lunch. After lunch the sprints and relays will take place. Should be a great day....please join us and GO GOLD!



## Christmas Carols

**Christmas Carols this year will be on Tuesday 5<sup>th</sup> December beginning at 6pm. Families are invited to have a picnic dinner on our turf area and relax to the sounds of the children singing Christmas carols. You are also invited to join in with the more traditional carols.**



## Christmas Raffle

It's hard to believe that Christmas is just around the corner and it is time to start collecting for our major fundraiser ...The Christmas Raffle. If you have a gift that we could add to our Christmas stocking to make it the best ever, could you hand it in to Sally in the office please. Please make sure that the donations are in good condition.

Extra Special News...we have a new addition and a birthday!



We are thrilled to announce that Maria in Yr 6 has a new baby brother. Baby Ken arrived last week and is settling in at home nicely so Maria tells us! Leonorah and Kent are the proud parents. We wish you our congratulations and much happiness.

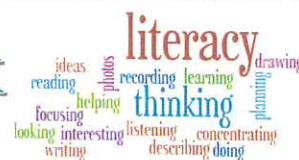
HAPPY BIRTHDAY LEON



To the best crossing supervisor. We hope you had a very happy birthday last Tuesday Leon. You're wonderful! And thanks for giving the whole school a free icy pole to celebrate.



# Literacy and Numeracy Week



Our school will be celebrating Literacy and Numeracy week from Monday 27<sup>th</sup> November to Friday 1<sup>st</sup> December. During this week children will be participating in a range of activities in their classrooms for example, exploring the 2017 Short Listed books, creating a whole school story and participating in a range of Maths activities.

**On Friday 1<sup>st</sup> December** children are able to come to school dressed as a **Mathematician** i.e. someone who uses maths in their everyday life e.g. scientist, chef, teacher, shopkeeper, builder etc. Families are invited to a 9.15am Mathematician Parade followed by a range of Maths activities in the classroom



## 2018 PREP ORIENTATION MEETINGS

Next Tuesday 21<sup>st</sup> November we will be welcoming our new preps for next year and their parents. The first of three Prep Orientation Meetings will begin at 9am until 11am. The parents will meet with Rob, Marie, Greg and John in the MPR, while the children get a little taste of school life in the prep classrooms. The other meetings will be held on Tuesday 28<sup>th</sup> Nov and Tuesday 5<sup>th</sup> December. We look forward to meeting our new families and hope that they feel a part of our school very quickly.

**Assembly  
tomorrow (Fri 2.30)  
will be run by  
P/1 CE**



**Woolworths  
Earn & Learn**

Thanks to everyone who collected stickers from Woolworths. We have been able to purchase some STEM science equipment and new art supplies for free!

### *More dates for your calendar*

Tuesday 21st Nov : PSG Meetings  
Wednesday 22nd Nov : School Advisory Board Break Up: 7pm  
Thursday 23rd Nov : School Closure Day  
Tuesday 28th Nov : PSG Meetings  
Wednesday 29th Nov : Sports Day  
Tuesday 5th Dec : Christmas Carols Evening  
Thursday 14th Dec : Graduation Mass & Dinner: 6pm  
Friday 15th Dec : School Reports  
Mon 18th Dec : Yr. 6 excursion to Adventure Park  
Wednesday 20th Dec : End of Year Mass: 12pm and school will finish for the year at 1pm.

**A reminder that any outstanding school accounts need to be settled as soon as possible. If you are experiencing any problems with this could you please see Rob.**

Last year our community was lucky enough to work with the CASEA team from the Royal Children's Hospital regarding children's behaviour. They provided us with a series of self help guides that you might find useful. Hopefully this one will provide some valuable ideas about family relationships.  
PTO





## Building Family Strengths

Most families face difficult strains on time, money, and emotions. Sometimes home becomes the place where everyone is worn-out and angry. In spite of these difficulties, there are ways that families can remain strong and happy.



### Building and Improving Family Strengths



1. **Showing you care** - Expressions of caring are important. Notice positive aspects of each other. This may involve commenting on a family member's polite behaviour, giving compliments, or paying attention to their achievements, no matter how small. Children want parents to be available - to have time, to show interest, to do things with them.
2. **Showing appreciation** - Physical expressions are a way of showing appreciation and affection. A quick pat, a hug, a kiss, a handclasp, a high-five or an arm around the shoulder can say a lot to people of all ages.
3. **Accept children as individuals** - With the intention of helping their child, sometimes parents talk more about a child's mistakes than their good qualities. If parents compare, frequently correct, or ignore a child, the child may feel rejected. Help your children to feel valued by teaching them that they have talents (every child is good at something). Be patient with their weaknesses and teach them the skills to help deal with these weaknesses.
4. **Keep the relationship positive** - Most of the messages we share with our children should be positive ones. Tell them when they please you, when they make you proud and the joy they bring you. Encourage them to tell you about their joys and accomplishments.
5. **Communication** - Communication is more than telling each other something. It is any sharing of meaning between people. However, miscommunication sometimes occurs because we may have different meanings to the people we are communicating with. To build strong family relationships, communicate about each others' interests, activities and feelings.
6. **Listen to your children** - When parents actively listen to their children, they help them feel understood and show that they care about how they feel.
  - a. Take time to listen carefully to what your child is saying (i.e., turn off the television)
  - b. Summarise what your child has said or ask questions to check your understanding
  - c. Listen if your child wants to correct your misunderstanding or tell you more
  - d. See if you can identify what your child is feeling and check with them
7. **Send clear, encouraging messages** - When correcting their children's mistakes, parents may nag, criticise, lecture, question or demand. When trying to teach children to be responsible, it is important to send a clear message to children that they can make mistakes or break rules, for which there are consequences but that they will still be loved and accepted.
8. **Working together** - When a family works well together to solve family problems, parents are the leaders, but the children's opinions and efforts are invited and appreciated. Children will be more likely to accept decisions when they participate in the decision-making process.
9. **Adapting to change** - Family relationships are more likely to remain strong if family members are understanding of common changes such as birth, marriage, divorce, illness, job loss and death. As children grow, families must adapt to their developmental level.

